STOUGHTON AND CO. STILL UNBEATEN
CANADIANS FEND OFF GERMANS {page 21}

LEGACY
THE ECHO OF BRIT'S SEXUALIZED INNOCENCE {page 16}

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Monday, April 4, 2011
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Chantal. Kreviazuk

▶ Winnipegger Chantal Kreviazuk with her husband, Raine Maida.

ALEXANDER DOBBS/FOR METRO

This feels like home

Chantal Kreviazuk shares with Winnipeg's newest free daily her favourite memories of her hometown. She even talks about her first kiss. Story, page 4.

Firefighter 'shaken up' following fatal hit

Fire truck driver didn't see man lying on the road until it was too late, police say

A Winnipeg firefighter is grieving along with the family of a man hit and killed by a fire truck yesterday, a union president said.

The truck struck the man lying on Redwood Avenue at 4:20 a.m., according to police spokesperson Const. Rob Carver.

While this tragedy is unusual, firefighters deal with trauma almost every day and the fire department offers support, said UFFW president Alex Forrest.

The driver "is very shaken up over it," he added. "Firefighters take these jobs to save lives."

Investigators are still trying to determine the man's identity and if he had a medical condition or was impaired. ● JESSICA SMITH

"We really have two victims here because the driver of this fire truck is going to have to deal with the trauma of ... having struck someone."
CONST. ROB CARVER, WPD SPOKESPERSON

More coverage at metronews.ca/winnipeg

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Mayor welcomes Metro to 'Peg

Mayor Sam Katz tied the knot last week but took a moment to congratulate Metro Winnipeg on today's launch.

"I believe you will bring an exciting new perspective to our community with your addition to our media market place and provide new opportunities for local advertisers and citizens alike," said Katz,

"I believe you will be a tremendous, invaluable asset to providing news and information to the citizens of our city."

The couple spent their honeymoon in Costa Rica.

METRO

For more news, sports and entertainment, visit metronews.ca/winnipeg

CONTRIBUTED

▶ Mayor Sam Katz and his new wife, Leah.

MORGAN MODJESKI/FOR METRO

▶ Selam Telahun takes shelter from yesterday's wet spring snowfall as she waits for her bus downtown.

April flurries to melt in hurry

Weekend snow should come as no surprise, won't be sticking around long, meteorologist says ◐ Weather system originated in Iowa

JESSICA SMITH
@METRONEWS.CA

With snow falling all day yesterday, Winnipeggers were tempted to complain, but they shouldn't be surprised, according to an Environment Canada meteorologist.

"It's really common," said Eric Dykes. "Spring time in Winnipeg is usually fraught with the odd bit of snow."

A system that came north from Iowa brought five to 10 centimetres of snow onto southwestern Manitoba, but only two to four centimetres in Winnipeg.

"Most of the heaviest snow is confined to areas southwest of the city," said Dykes. "The precipitation is falling as rain and snow. Because it was so warm yesterday — it got up to 9 C — the snow has melted when it hits the ground."

Dykes said he couldn't predict when Winnipeg would see the last snow of the season, but said temperatures are forecast to rise to near 10 C by the end of the week.

Flood risk

- It's too early to tell whether the precipitation will affect flood preparations, a city spokesperson said yesterday.
- After the rain and snow ends, provincial officials may choose to update their flood forecast, which may change the city's plans to fight the flood.

1 news

The bizarre job of reporting from Gadhafi's 'gilded cage' for foreign journalists in Libya. Scan code for story.

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at **m.metronews.ca**

Harper and Ignatieff take the day off, as Layton steals the show. Video at metronews.ca

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TODAY A CITY COMMITTEE WILL DEBATE A BAN ON SMOKING AT YOUTH ATHLETIC FIELDS, PLAYGROUNDS AND SCHOOLS. WHAT DO YOU THINK?

Chanelle Boudreau

▶ "I think adults smoking around kids is probably one of the main reasons why they start smoking ... I know it was my reason."

Adam Johnston

▶ "It's the year 2011 and we don't need smoking at athletics fields where kids are playing because it's not good for them."

Quingt Gouq

▶ "If the children see it they will learn about it. ... Somebody should get a policy to stop it."

Metro Interview

ALEXANDER DOBBS/FOR METRO

▶ Singer Chantal Kreviazuk and husband Raine Maida.

CHANTAL KREVIAZUK: MY WINNIPEG

NED EHRBAR
@METRONEWS.COM
METRO WORLD NEWS IN HOLYWOOD

Metro caught up with Winnipeg native Chantal Kreviazuk at the California home she shares with husband Raine Maida and their three children to talk about what she loves most about her hometown.

Favourite park to walk your dog?
Assiniboine Park!

Best breakfast diner?
I would go to Salisbury House for a breakfast nip.

What's the one building in the city that says Winnipeg to you?
Definitely the Parliament Building, because we have the Golden Boy on the top. It's just so Winnipeg to me.

Where did your first kiss happen?
I don't remember. It was a house party. I was 15 or 16. It's terrible, I was such a late bloomer.

What do you do in California to remind you of Winnipeg?
Well, where we live — we live where it feels like we're in nature. I'm not really into living in a city. I chose California to live in over New York because New York feels like a concrete jungle to me, whereas in California you can feel like you're sort of out in nature and among the trees. Growing up in Winnipeg for me was all about getting out to the lake and just climbing trees and feeling like I was outside. I know that sounds crazy because it's still winter, but it's true.

Describe your perfect day in Winnipeg.
"My perfect day in Winnipeg would involve a lot of food. I would somehow make it to Ray and Jerry's for a Greek salad. I would somehow make it to Alicia's for some perogies and borscht. I would somehow also before closing make it to Kelekis for a cheeseburger and fries with gravy for sure. And that's just the beginning because there are just so many phenomenal restaurants in Winnipeg.

On my perfect day in Winnipeg I would also walk. In the Assiniboine Park I would do a run, and I would also go to the English Gardens and river trails. I would also somehow end up at the Forks for the river walk, and I'd get to Vic's Fruit Stand on Pembina — best produce in the city. I would also try to go to the Fort Whyte Nature Centre. Always try to get to see the Royal Winnipeg Ballet, one of the best ballet companies in the world. And of course, the Winnipeg Symphony Orchestra — amazing. I just had the privilege of playing with them for three nights. They were amazing.

News in pictures

PHOTOS
1. CONTRIBUTED
2. MORGAN MODJESKI/FOR METRO
3. CONTRIBUTED
4. LEGISLATIVE ASSEMBLY OF MANITOBA
5. MORGAN MODJESKI/FOR METRO

1 Despite having idenitifed a suspect who stole a charity box, Winnipeg police said they won't pick the man up until today because their officers didn't work on the weekend. ELISHA DACEY

2 Several Unicity taxis have been banned from the airport in response to reports that they're unsafe, according to the Manitoba Taxicab Board. ELISHA DACEY

3 City staff may be asked today to come up with a plan to create a registry of bed-bug infestations that would indicate whether each case has been dealt with. ELISHA DACEY

4 Longtime NDP MLA Doug Martindale (Burrows) has announced he will not run in the upcoming provincial election this fall. ELISHA DACEY

5 Waterfront Drive at Higgins will be closed today due to construction of the new Disraeli Bridge. The closure will last until late 2011. ELISHA DACEY

Presenting the fixed short long variable mortgage. Don't worry, we'll explain.

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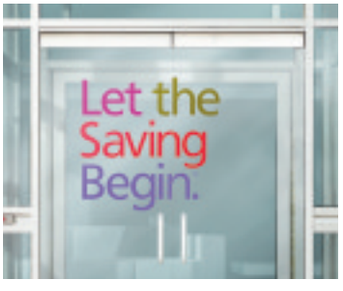

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Liberals' style stands out at platform launch

NATHAN DENETTE/THE CANADIAN PRESS

▶ Liberal Leader Michael Ignatieff speaks during his platform launch in Ottawa yesterday.

Michael Ignatieff speaks without notes to emphasize realness Platform elements focus on family

Election 2011

Never mind the substance, check out the style.

The Liberal campaign platform launch yesterday wasn't just an opportunity for the party to tout its "family pack" policy agenda paid for by billions in business tax hikes.

The online launch of the 94-page document was designed as a study in contrasts between Liberal Leader Michael Ignatieff and Prime Minister Stephen Harper as Canadian voters consider their ballot choices for May 2.

"This is what democracy looks like," said Ignatieff, speaking without notes or TelePrompTer in a hotel ballroom ringed with seated supporters like an amphitheatre.

"This is the right way to do it, folks. This is the only way to do it in a democracy. You put ideas out, you defend them clearly, and then you stand and answer questions in front of the Canadian people."

The launch format included video addresses from Liberal candidates — all women — touting four family-friendly platform elements: Pension reforms, post-secondary education, home care, and early childhood education.

"The other guys are a one-man band," Ignatieff said of Harper. "I've got a team."

THE CANADIAN PRESS

Red Book launch

The detailed Liberal platform release comes unusually early in the 36-day campaign.

- It mirrors the Liberal launch of their 1993 campaign "Red Book" that was also delivered in a budget-style media lock-up at a downtown Ottawa hotel — designed to lend an air of credibility to a policy blueprint.
- This time, the document also went out online, something Michael Ignatieff said made "a little bit of history."

Harper rocks out to AC/DC with karate kids

Stephen Harper started the second week of his federal election campaign in his personal comfort zone: Listening to some AC/DC and playing a little hockey.

He stayed in his policy comfort zone as well.

Harper announced that, if elected, the Tories would double the existing tax credit for children's sports to $1,000 and introduce a $500 credit for adults.

But neither will come into force until the budget is balanced — or not until 2015-16, according to Tory estimates.

"A re-elected Conservative government will enact both of these measures before the end of our next mandate, because our approach is clear — when we can afford it, we will lower your taxes," Harper told a campaign event yesterday at an Ottawa gym.

Initially, Conservative officials had said the children's tax credit would go into effect immediately, but they later changed their tune, citing an error in the campaign literature.

An expert panel will decide which activities qualify for the credit, Harper said as a group of young martial artists kicked and punched the air behind him.

The kids' program is slated to cost the treasury about $145 million a year, while the adult program carries an annual price tag of $275 million.

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Prime Minister Stephen Harper plays ball hockey with a group of youngsters in Ottawa yesterday.

Harper arrived at the gym to the sounds of Thunderstruck by AC/DC, a band he counts among his favourites.

He and his wife, Laureen, watched children practise karate moves before each picked up a red padded shield to give the kids a livelier target.

Said Harper to one waifish child as he absorbed the blows: "Put more into it."

THE CANADIAN PRESS

NDP pans 'Red Books'

Jack Layton brushed off both the Liberal platform release and claims that one of his Quebec candidates flirted with separatists yesterday as the NDP campaign continued trying to find its footing.

Without having read the Liberal program, Layton dismissed it as hollow, suggesting the promises in the party's "Red Books" over the years "were broken in record numbers."

THE CANADIAN PRESS

Tory staffer lashes out on Facebook

A junior Conservative staffer has lashed out at his own party on Facebook, citing "stupidity" among Tory communications staff.

Tony Phillips, who is working for B.C. MP Dona Cadman, posted a message urging the Conservatives to let Prime Minister Stephen Harper answer more than five questions a day from the media.

THE CANADIAN PRESS

Asbestos minding

Bloc Québécois Leader Gilles Duceppe has joined a growing chorus of critics calling for a closer look into the safety of asbestos mining.

Duceppe waded into the debate during a campaign stop yesterday in Quebec's Eastern Townships, not far from an asbestos mine the provincial government is considering helping stay open.

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Taking ‘slut’ back to raise awareness, shame cops

Thousands came out to Toronto’s Queen’s Park for ‘SlutWalk’ yesterday
The protest was organized after a Toronto police officer said women shouldn’t dress like ‘sluts’ if they want to avoid being sexually assaulted

Women wearing high heels and fishnet stockings were prominent in a demonstration yesterday to protest a Toronto police officer’s comment that women could avoid rape if they didn’t dress like “sluts,” an attitude that organizers said points to a wider problem in the justice system.

“Whatever we wear, wherever we go, yes means yes and no means no,” the crowd chanted, as they marched on police headquarters, calling on police to stop blaming rape survivors for what happened to them.

The Toronto police officer made the “slut” comment to a group of York university students last January. He later apologized, but the comment points to persistent problems in Canada’s justice system when it comes to dealing with sexual assault, organizers and participants of the so-called SlutWalk said.

Sierra Chevy Harris, a student at the University of Guelph, said the officer’s remarks are “a small example of how a large amount of people in the justice system truly think.”

“It’s evident in many cases where the victim has been criticized for the way they looked or dressed in a sexual assault case,” she said.

Sonya Barnett, one of the event’s organizers, said those attitudes are one of the main reasons women are so reluctant to report sexual assault.

Sexual assault is about power and has nothing to do with the victim’s appearance, she said.

Harris said she shouldn’t be made to feel vulnerable for wearing a sexy outfit.

“We need to criticize the people who are actually committing the crimes,” she said.

There was a significant number of men among the marchers. Many demonstrators brandished signs with slogans like “Down with rape culture.”

The Toronto officer is not the only person in Canada’s justice system who has found himself in hot water over comments about sexual assault. A handful of people rallied in Winnipeg on Friday to protest a Manitoba judge’s comments about the way a female rape victim was dressed. THE CANADIAN PRESS

RICHARD LAUTENS/TORSTAR NEWS SERVICE

▶ Magdalena Ivasecko, left, and Sierra Chevy Harris are seen at the start of the walk.

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JAPAN

Engineers aim to block leak

Engineers pinned their hopes on chemicals, sawdust and shredded newspaper to stop highly radioactive water pouring into the ocean from Japan's tsunami-ravaged nuclear plant yesterday as officials said it will take several months to bring the crisis under control, the first time they have provided a timetable. Concrete already failed to stop the tainted water spewing from a crack in a maintenance pit, and the new mixture did not appear to be working either, but engineers said they were not abandoning it.

The Fukushima Daiichi plant has been leaking radioactivity since the March 11 tsunami carved a path of destruction along Japan's northeastern coast, killing as many as 25,000 people and knocking out key cooling systems.

THE ASSOCIATED PRESS

Women attacked, activists say

Thousands of women calling for the ouster of Yemen's longtime ruler were attacked yesterday by police with sticks and rocks, setting off a furious battle with male protesters that left several people hurt, activists said.

The women were marching down a main street shouting, "peaceful!" when they were attacked, activist Ghazi al-Samei said.

Three of the young men suffered serious gunshot wounds when police opened fire, protester Bushra al-Maqtari told the Associated Press by telephone.

THE ASSOCIATED PRESS

Protests spread over Qur'an burning in U.S.

Violence in Afghanistan sparked by Florida church pastor

Demonstrators battled police in southern Afghanistan's main city yesterday and took to the streets in the turbulent east for the first time as Western pleas failed to halt a third day of rage over a Florida pastor's burning of the Qur'an.

An officer was shot dead in a second day of clashes in the city of Kandahar, said provincial health director Qayum Pokhla. Two officers and 18 civilians were wounded, he said.

In Jalalabad, the largest city in the east, hundreds of people blocked the main highway for three hours, shouting for U.S. troops to leave, burning an effigy of U.S. President Barack Obama and stomping on a drawing of a U.S. flag.

The violence was set off by anger over the March 20 burning of the Qur'an by a Florida church — the same church whose pastor had threatened to do so last year on the anniversary of the Sept. 11 attacks, triggering worldwide outrage.

The protests, which began Friday, also appear to be fuelled more broadly by the resentment that has been building for years in Afghanistan over the operations of Western military forces, blamed for killing and mistreating civilians.

THE ASSOCIATED PRESS

RAHMAT GUL/THE ASSOCIATED PRESS

▶ Afghan protesters beat a burning effigy of U.S. President Barack Obama during a demonstration in Jalalabad, Afghanistan, yesterday.

Urban. Refusal

▶ Twitter has asked for an exemption from San Francisco's payroll tax in exchange for a promise to move its thriving business to 1355 Market St. on a block teeming with transients, drugs and crime.

JEFF CHIU/THE ASSOCIATED PRESS

Tax deal is bitter tweet

A proposed tax break for one of the world's hottest social-media companies has sparked a storm of outrage. As an incentive for moving its headquarters to a blighted inner-city block in San Francisco, Twitter has asked for an exemption from the city's payroll tax on new hires. But the city's largest public-employee union condemns the proposal as a gift to the rich. And low-income residents worry that revitalization will just lead to higher rents.

Air Canada in talks to avert strike

Air Canada's 3,800 sales and customer-service agents could strike on June 13 unless mediated talks result in a deal. The Canadian Auto Workers says bargaining is a challenge because workers face concession demands, while Air Canada sees these demands as productivity improvements.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
+ 14.05 (14,130.15)	+ 0.55¢ (103.69¢ US)
Oil	**Natural gas**
+ $1.22 US ($107.94 US)	1,000 cu ft $4.362 US (– 2.7¢ US)
	Gold contracts $1,428.90 US (– $11 US)

Markets, dollar grind forward

◐ Analysts expect job gains of up to 30,000 last month ◐ Unemployment figures projected to dip

Stock markets look set to extend gains this week after signs that the U.S. economic recovery is gaining momentum.

Investors pushed aside concerns about fighting in Libya and the aftermath of the Japanese earthquake to push stocks higher last week on what was perceived to be strengthening economic fundamentals.

The U.S. labour department reported Friday that the economy created 216,000 jobs last month, which was above expectations. The jobless rate edged down one-tenth of a percentage point to a two-year low of 8.8 per cent.

The Institute for Supply Management's index, also a key barometer of U.S. manufacturing, came in slightly better than expected for March.

The U.S. numbers sent the resource-heavy Toronto stock exchange up five per cent for the first quarter.

"Given the many hurdles that were thrown in the market's path in the opening three months, I think the performance of equity markets was nothing short of miraculous," said Doug Porter, deputy chief economist at BMO Capital Markets.

But Porter was concerned about oil prices, which, if they stay at the $107 US mark, could throw the global economy and U.S. recovery off track.

Meanwhile, the Canadian dollar could rise further at the end of the week when traders see the latest employment report.

Porter said it's expected that Statistics Canada will report another month of strong gains.

THE CANADIAN PRESS

25

Oil prices surged about 25 per cent over the past six weeks as a wave of protests took hold across the Middle East.

Let May In

Ottawa Citizen, March 30, 2011

MAY'S DEBATE EXCLUSION DOES DISSERVICE TO VOTERS

By FRED RINNE, QMI AGENCY, April 1, 2011

"It is a common sense proposition that anyone who received a million votes has a right to be heard… To exclude [May] is to invite yet another examination of why we as a society delegate to television networks the right to decide issues like this."

Elly Alboim, Associate Professor of Journalism and former Parliamentary Bureau Chief for CBC TV News

"The Green Party, led by Elizabeth May, is the one political party clearly committed to averting the catastrophic consequences of our continuing to treat the Earth as mere dirt beneath our feet, so it is imperative that she be allowed to debate."

Farley Mowat

"Democracy demands that the media simply relay Parties' positions without attempting to control the message. Excluding the leader of a party that garnered 1 out of every 15 votes in the 2008 federal election is just plain wrong"

-Cal Millar, President of Channel Zero.

"The decision by the broadcast consortium to exclude Green Party Leader Elizabeth May from the 2011 leaders' debate is mystifying... The broadcast consortium should first apologize to May and reverse its decision."

Vancouver Sun Editorial, 30 Mar 2011

"It's bad enough that the Greens got nearly a million votes last election yet got no seats. It's insane that they can't even get on TV. This is UTTERLY outrageous."

-Andrew Coyne, national editor of Maclean's magazine, via twitter.

"It is time for the people of this country to stand up and let the media and the politicians know that an election is a time for people's voices to be heard and Elizabeth May speaks for a lot of people in this country."

Judy Rebick, Sam Gindin Chair in Social Justice and Democracy at Ryerson University

emayin.ca

What are the Bigwigs so afraid of?

The broadcast consortium has excluded Green Party Leader Elizabeth May from the 2011 leaders' debate. Demand democracy! Text "EMayIn" to 79999. Demand an equal voice.

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Urban Compass

LARA SCHROEDER

DROP IN AT WINNIPEG'S CULTURAL HALL

The latest pitch for a reality TV show: A downtown Winnipeg bookstore.

"It gets to be a complete gong show," Kelly Hughes said about his business, Aqua Books. Hughes and writer/producer Chris Charney are working on the show, while Hughes and his wife, Candace, run the used bookstore that he says is the second-busiest cultural centre in Western Canada.

Hughes does everything from host a live variety show at the store's upstairs venue on Friday nights to bus tables in the restaurant where Candace is chef, and frankly admits to being "part of the show."

Aqua Books, at 274 Garry St., holds a comfortable maze of bookshelves and Eat! bistro on the main floor. But the heart of the business is upstairs, where Aqua Books hosts about 400 events a year, most in a 100-seat venue with a good-sized stage and a bar at the back.

"We call this Winnipeg's cultural city hall," said Hughes, who bills himself as mayor.

He holds council every Friday night when he hosts Kelly Hughes Live!, a variety show with a local focus that has featured everything from burlesque dancers (Hughes himself recently ended up topless with pasties on his chest) to comedy stars (Sean Cullen on April 8, Kids In The Hall's Kevin McDonald on June 3) to local celebrities (Tina Keeper and Fred Penner) and always someone from the local music scene.

The shows are irregularly broadcast on YouTube and audio podcasts are eventually posted to the store's website, www.aquabooks.ca.

Hughes's love for personal interaction and business sense combined with his wife's culinary talent to build their emporium. Even when Aqua Books launched in 1999, booksellers were struggling and many used book dealers had moved online.

"It was never very interesting to me to sell books online," Hughes said. "We decided not to go that route, so we had to do something different."

In addition to the stages and restaurant, small offices house two writers in residence and the bookstore sponsors the Lansdowne Prize for Poetry.

Hughes doesn't know if Aqua Books would be possible anywhere outside Winnipeg, which he calls the "DIY capital of Canada."

"Anybody who ever says there's nothing to do in Winnipeg deserves to be thrown down a well," he said. "It's not always a great place to do business because you're not always going to make a lot of money, but it's a great place to do interesting things."

Letters

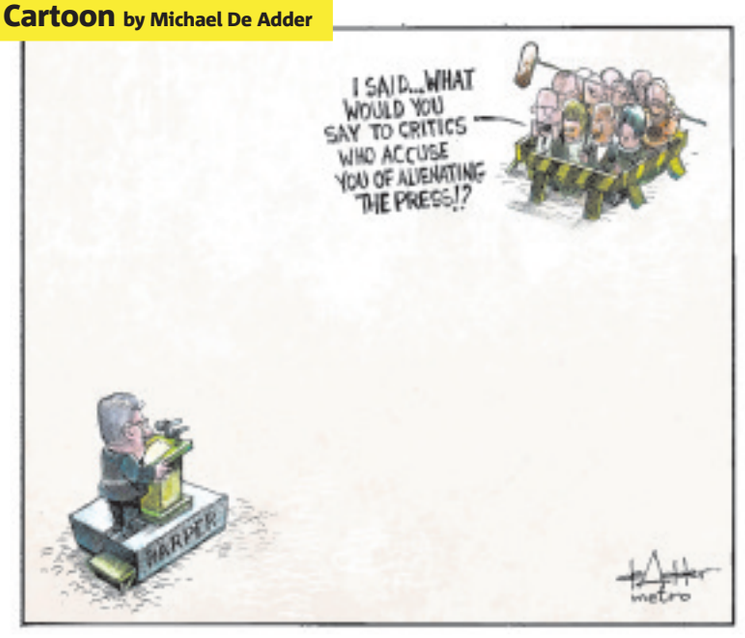
GATINEAU, Que. By voting or not, young Canadians will decide May 2 whether our country will move towards greater assistance to banks and large corporations or towards a growing economy based on wealth sharing and Canadians' well-being.

An analysis of EKOS polling between July 7 and Sept. 28 of last year suggested Canadians between the ages of 18 and 24 would elect a Liberal minority government, with a substantial increase in representation for the New Democrats, Bloc Québécois, and Greens. The Conservative party would be severely reduced, virtually wiped out in Ontario, Quebec and the Maritimes.

Unfortunately, only 37 per cent of eligible voters between the ages of 18 and 24 exercised their democratic duty during the 2008 federal election. Let's hope these facts will catch young voters' attention and bring them to the ballots May 2. More then ever, the future of a Canada for all Canadians is in young Canadian voters' hands.

BRUNO MARQUIS

Cartoon by Michael De Adder



WEIRD NEWS

Pillows and feathers fly across the globe

People in cities across the globe took part in mass pillow fights as part of International Pillow Fight Day. Pillow fights were held in a number of Canadian cities, including Calgary, Vancouver, Montreal, Toronto and London.

In Vancouver, the flash mob was organized on Facebook and several hundred people showed up with pillows and proceeded to knock the stuffing out of them in a frenzied fight outside the Vancouver Art Gallery.

In London's Trafalgar Square, people came dressed in pyjamas, dressing gowns and fancy dress to take part in the good-natured pillow fight Saturday afternoon. Most people carried feather-filled pillows that exploded as they fought.

London's Metropolitan Police said yesterday the event had been peaceful and they had no reports of any trouble.

Organizers listed similar events in more than 130 cities around the world. The fights were organized by The Urban Playground Movement, which wants to encourage people to make use of public spaces.

METRO

Take the poll online at metronews.ca

Do you know who you are voting for?

78% YES

22% NO, THAT'S WHAT ELECTIONS ARE FOR

TODAY'S QUESTION: DO YOU THINK THE NHL IS RETURNING TO WINNIPEG AND QUEBEC CITY?

Local tweets

- **@SputnikAZ:** Uh, the LDS president is trending? Must be Winnipeg being excited for a temple.
- **@New_Earth_Mud Billy Redfeather:** #Winnipeg weather is sucking today
- **@Glenn_Tinley:** I think I just saw an entire flock of Canada Geese make a u-turn in the sky and head back south in #winnipeg.
- **@floodtest:** Red River Level Downtown @ James Ave: 13.0 ft over winter ice level; 11.5 ft below 1997 peak.
- **@Hopkins_95 Moton Hopkins:** Hang on #Winnipeg #TeamCanada b4 u know it it'll be summertime, sun will be shining and the smell of hard working #Bombers in the air
- **@CatsKillTheKing:** Catskill #sincewebeinghonest I want #winnipeg to be known as the place that made the greatest rapper of all time.
- **@Jeffler:** Just because I'm wearing a Winnipeg Jets hat doesn't mean I need to wait 15 years to go home too
- **@joanchang:** I've come to the conclusion that Winnipeg is mostly still in the 70s.

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Kids pick their favourites

Johnny Depp showed his appreciation for his Kids' Choice Award with a slimming.

After earning the blimp-shaped favourite movie actor trophy for his Mad Hatter role in Alice in Wonderland, Depp manned a hose and unleashed waves of green goop on the screaming crowd of more than 10,000 kids — and a few adults.

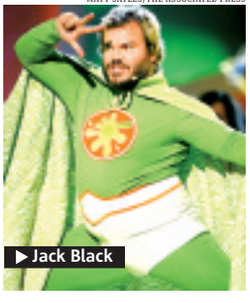
"You guys are the future," he said Saturday before spraying the slime inside University of Southern California's Galen Center. "Take good care of us."

The screaming mob at Nickelodeon's 24th annual fan-favourite ceremony later revolted by flicking the goo at Modern Family co-star Rico Rodriguez and Arthur leading man Russell Brand.

Jack Black, the zany master of ceremonies, kicked off the silly show by arriving in a monster truck, performing a flash mob-style routine on the orange carpet.

THE ASSOCIATED PRESS

MATT SAYLES/THE ASSOCIATED PRESS



▶ Jack Black

Winners

A partial list of winners from the 24th annual Nickelodeon Kids' Choice Awards.

- **Favourite Movie:** The Karate Kid
- **Favourite Movie Actor:** Johnny Depp, Alice in Wonderland
- **Favourite Movie Actress:** Miley Cyrus, The Last Song.
- **Favourite Animated Movie:** Despicable Me.
- **Favourite TV Show:** iCarly
- **Favourite TV Actor:** Dylan Sprouse, The Suite Life on Deck.
- **Favourite TV Actress:** Selena Gomez, Wizards of Waverly Place.

Former sitcom star's opening night does not go over well with fans
Torpedo of Truth tour greeted with boos and calls for it to be ended

CARLOS OSORIO/THE ASSOCIATED PRESS

▶ Charlie Sheen performs at the Fox Theatre in Detroit, Saturday. He came out with his "goddesses" holding "War" and "Lock" signs.

Charlie Sheen bombs in tour opener

Charlie Sheen and his "goddesses" took the stage to thunderous applause Saturday night for the first leg of his Torpedo of Truth tour. The 70-minute show hadn't even ended when the first reviews were in, and they were brutal.

The former Two and a Half Men star showed that comedic success on the screen doesn't necessarily translate to the stage, and the capacity crowd at Detroit's 5,100-seat Fox Theatre rebelled before the show ended, chanting "refund!" and walking out in droves.

Linda Fugate, 47, of the Detroit suburb of Lincoln Park, left the theatre and walked up the street yelling, "I want my money back!"

She said she paid $150 for two seats.

"I was hoping for something. I didn't think it would be this bad."

Sheen's publicist Larry Solters declined to comment after the show, but Sheen reappeared after the house lights went up to thank those who remained.

Fans who arrived at the theatre — some who had to fly in for the show — said they were hoping to see the increasingly eccentric actor deliver some of the colourful rants that have made him an Internet star since his ugly falling out with CBS and the producers of Two and a Half Men.

They got the ranting. It just wasn't funny.

"I expected him to at least entertain a little bit. It was just a bunch of ranting," said Rodney Gagnon, 34, of Windsor, Ont.

On Twitter, where Sheen has amassed some 3.4 million followers, some fans were already predicting a premature end for the planned 20-city tour, which was scheduled to resume last night in Chicago.

"Charlie Sheen thanks for saying goodbye! Piece of advice cancel the rest of your tour," someone tweeted under the name ChrstosMo.

The show started well for the 45-year-old Sheen, with the audience standing and cheering as he and the women he calls his "goddesses" took the stage. The women, a former porn star and an actress who live with him, carried placards with the words "War" and "Lock," a reference to Sheen's recent description of himself as a warlock.

"I don't see a single empty seat," he said.

Not long into the show, though, an audience member booed, prompting Sheen to sanguinely reply, "I've already got your money, dude."

Things only got worse.

THE ASSOCIATED PRESS

2 scene

Scene in brief

The Easter bunny has hopped into the top spot at the weekend box office. Russell Brand's family comedy Hop debuted at No. 1 with $38.1 million, according to studio estimates yesterday.

Jake Gyllenhaal's action thriller Source Code debuted at No. 2 with $15.1 million. The haunted-house tale Insidious opened at No. 3 with $13.5 million. The previous weekend's top movie, Diary of a Wimpy Kid: Rodrick Rules, fell to No. 4 with $10.2 million, raising its total to $38.4 million.

THE ASSOCIATED PRESS

Strong sales lead to mini-series for Kevin Keller, gay Archie's character

Creating a new kind of fairy tale

Director Joe Wright uses creepy locations and powerful action scenes in his latest thriller Hanna

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Director Joe Wright, who made a name for himself with Pride and Prejudice and Atonement, takes quite the departure with his latest, Hanna, about a 16-year-old trained assassin (Saoirse Ronan) on the run across Europe, pursued by a calculating CIA agent (Cate Blanchett). Surprisingly, Wright saw the action thriller as a chance to get in touch with his own childhood.

He spoke with Metro about his parents' puppet theatre, creepy Cold War-era amusement parks and the necessity of flashy single-shot action sequences.

Much like the four-minute-long Dunkirk sequence in Atonement, you have an impressive action sequence in the Berlin subway that's done in a single shot.

Both of them were done out of necessity. A sequence like this one would normally require maybe 40 different shots, and as I only ever manage about 14 a day, and as we only had one day to shoot this sequence, I kind of was up against the wall.

Most action movie fight scenes now are edited so tightly, it's hard to see anything.

I'm a big fan of Paul Greengrass's work on the Jason Bourne films, but I do feel like they've been imitated probably by lesser directors since, and I didn't want to fall into that category. I wanted to do something that didn't succumb to the temptation of hiding the action in a barrage of edits.

SUBMITTED PHOTO

▶ Saoirse Ronan stars as the title character in Hanna, which opens Friday.

The film climaxes in a rather creepy, old amusement park. Where did that come from?

I think my sister used to go to some illegal raves there in the early '90s. And so she told me about it, and it was just an amazing find, really. It really spoke to the themes and the imagery of fairy tales that I was trying to unearth. It was pretty much how we found it.

I can't imagine anyone thinking that's a place kids would enjoy.

Yeah, I know! (laughs) I've seen some picture postcards of it from the '60s. It was like the top venue for families in East Berlin, so before the Wall came down, that's where you'd go on your day out. Then when the Wall came down, they all went shopping instead.

You tend to re-team with a lot of the same actors and crew members on your films.

I was brought up in a puppet theatre, so I've always kind of aspired to that kind of company feeling, really. We'd go on tour every summer with the puppets and make these great journeys across Europe in a couple of old Ford vans. So that's kind of what I'm trying to recreate with my filmmaking family. It creates quite a safe environment — safe in a good way — that enables us to be creative without looking over our shoulders. And I find that I can be silly and myself and accepted.

Did you say a puppet theatre?

My parents founded the theatre. It's called the Little Angel Theatre, and it's in North London. It's still running today — without my dad, sadly. But it's still running today. My mum makes a lot of the puppets. She always makes some kind of prop or something for every film I make.

RETAIL SALES ACCOUNT MANAGER

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- Creative, efficient, flexible, entrepreneurial, collaborative & detail oriented
- Strong communication abilities: writing, presentation and design
- Proven track record in profitable selling

Individuals interested and having the skills described are requested to submit their resume and cover letter via email to hr@metronews.ca no later than April 11, 2011. PLEASE QUOTE: "Retail Sales Account Manager - Winnipeg" in the subject line. All submissions will be treated as confidential.

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Lohan's Betty Ford brawl tape released

Rehab worker, Lohan heard screaming and hurling insults on 911 call from clinic Prosecutors found insufficient evidence to file any charges

The yelling- and expletive-filled 911 call from the night of Lindsay Lohan's infamous Betty Ford Center brawl has been released, according to Radar Online.

During the call, both Lohan and clinic worker Dawn Holland can be heard complaining to the operator, yelling at each other and struggling over the phone.

"Lindsay Lohan is being rude. She's gotten on the phone with her mom and she's telling her mom I'm being rude to her, which I'm not," Holland says in the recording.

"I have a problem because Lindsay Lohan pushed me and hit me with the phone while I was trying to talk to you." METRO

GETTY IMAGES

▶ Lindsay Lohan

Celebrity tweets

@joelmchale

"In the Cedar Rapids Iowa Airport. A man is drinking Mountain Dew & eating a carton of cubed cheese 4 breakfast."

@chriscolfer

"Watching the news. How are animals still escaping from the zoo? We have hovercrafts but we can't invent a monkey-proof lock?"

@azizansari

"India won some cricket thing! I'm Indian!!! Yaaaaaaay!!!"

@oliviamunn

"Made a Britney joke, then a door hit me. God's on Britney's side. Not mine. Got it."

Courtney Love strikes back

Courtney Love is striking back after Kelly Osbourne referred to Love as a crackhead on her new E! show, Fashion Police.

"Kelly knows I'm sober. Kelly knows there's no drugs allowed at my house. I think it's really lame," Love says during a rant on website VYou.

"Kelly and me get along great, but it's gross. I don't like being the punchline for drugs when I don't do them, so stop it."

Regardless of how well they get along, Love didn't mind turning the tables on Osbourne, saying, "This girl I know, Kelly Osbourne, I've saved her life twice. I've done CPR, I've put things in her boobs. [She was on] Oxycontin, cocaine, foaming at the mouth." METRO

GETTY IMAGES

▶ Courtney Love

3 life

The Britney factor

Britney Spears' new album, Femme Fatale, debuted last week ◐ Author Peggy Orenstein examines the long-lasting — and damaging — effects of the 'girl power' pop star's sexuality

GETTY IMAGES

▶ Spears on a recent morning TV show.

New study

81 minutes...
is the amount of time working moms spend looking after their kids in the U.K. per week, according to a new study by the Organisation for Economic Co-operation and Development. That includes meals. Stay-at-home moms — and possibly Nanny McPhee? (pictured) — spent twice as much time.

SCANLIFE
Make gardening fun for kids

SAM D'AMATO
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

In your new book Cinderella Ate My Daughter, you write about how Disney princess culture has altered your little girl's view of sexuality. It reminded me of Britney Spears, when she debuted in a schoolgirl outfit posing suggestively.
Yes, she set a template for a lot of the confusion that came after and was ironically a direct outgrowth of the Girl Power movement — she had an impact on the way Girl Power was commodified and changed. On the one hand, she was a breakthrough because she was a girl who was a star for girls, as opposed to, say, David Cassidy or Bobby Sherman or the Jonas Brothers today. But as such, she had this whole different approach. She was at once selling chastity and sex and combining them in this really weird way.

And she was doing this for really little girls, when she started.
It's hard to remember now, but one of her central fan bases was six-year-old girls, who would go to her concerts and scream and shout. She always talked about being a virgin. And she'd say, "If you see me as a Lolita, that's your problem." But everything she did completely contradicted that. It's this weird thing where she was sexualizing innocence and fetishizing it. So it was an ultimately incredibly disempowering stance for girls to see.

And what's been the fallout all these years later?
The culture has taken up that message. It plays into the diva culture of little girls right now, that accelerated makeup and hot dance moves, with Miley Cyrus and the like. I want to be clear: I don't come at this from a perspective to be negative about sexuality. It's just that when little girls have inappropriate sexuality — however it's imposed, by pop culture or adults they love — they don't understand it. The risk is that they never connect it and sexiness becomes a performance for them rather than something that involves intimacy. Instead they see sexiness as something they do for the pleasure and entertainment for others. As if self-objectification was a rite of passage.

"She was selling chastity and sex and combining them in this weird way."
AUTHOR PEGGY ORENSTEIN

You see that today: Young girls "sext" naked photos of themselves to their boyfriends.
With sexting, there's also an issue of sexual entitlement. Girls are feeling like they have to perform the idea that they're comfortable with their sexuality. And you have to wonder, what is it that they're getting? They don't have pleasure or control. What is the reality of what that act gives them? It's not anything healthy.

So what are parents supposed to do?
First, it's about limiting their access to media and such, when they're really little. And also trying to expand their ideas of who they are and what they can be, that's not linked constantly to playing at pretty or sassy (which is sexy with training wheels). Educate them and yourself.

Who is your daughter Daisy idolizing these days?
Well, this is going to sound politically correct but it's true. We went to a dinner the other night where this 99-year-old judo champion was being honoured. She was talking about, among other things, how one should be gentle, strong and beautiful. To illustrate "gentle" and "strong," she said she could walk up to a man twice her size (which wouldn't be hard, she was about four-foot-nine) and touch him with her index finger and he would collapse. And by beautiful, she meant not the externals but a beautiful heart. I told Daisy, "Look at her, isn't she amazing!" She was taken. She was into it.

Juicy pork chops with an apple twist

- This flavourful pork dish can be served up with rice or mashed potatoes
- The meat can also be married with many of your favourite vegetables

ISTOCK

▶ Add your favourite vegetables to this Apple and Raisin Pork Chop dish.

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

Cooking pork chops with the bone in offers up a juicy and flavourful dish.

And, with just a few other pantry staples, dinner is ready. These pork chops are go perfectly served with rice or mashed potatoes and your favourite vegetables.

Ingredients:

- 4 bone in pork loin chops
- 1/2 tsp (2 mL) each dried sage and thyme leaves
- 1/2 tsp (2 mL) each salt and pepper
- 3 tbsp (45 mL) all purpose flour
- 2 tbsp (25 mL) extra virgin olive oil
- 1 onion, thinly sliced
- 2 apples (such as Empire or Cortland), cored and thinly sliced
- 1 1/2 cups (375 mL) apple cider
- ¼ cup (50 mL) raisins
- 2 tbsp (25 mL) chopped fresh Italian parsley

Preparation:

1. Place pork chops on plate and sprinkle both sides with sage, thyme, salt and pepper. Dredge each pork chop in flour to coat, shake off excess.
2. In large nonstick skillet heat oil over medium high heat and brown pork chops on both sides. Remove to plate and keep warm. Return skillet to medium heat and cook onion for 5 minutes or until softened. Add apples and thyme and cook for 2 minutes. Add cider and raisins and bring to boil. Return pork chops to skillet and turn to coat. Simmer for about 5 minutes or until hint of pink remains inside. Sprinkle with parsley before serving.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOK.CA.

Garlic & Herb Pull-Apart Bread

Ingredients:

Garb and Herb Infused Oil

- 1/2 cup Mazola RightBlend (canola and extra virgin olive oil blend)
- 2 tablespoons fresh herbs (rosemary, oregano, thyme, sage, chives, basil), minced
- 2 tablespoons minced, fresh Italian parsley
- 2 cloves fresh garlic, minced
- 1/2 teaspoon salt

Dough

- 4 – 1/2 cups all–purpose flour
- 2 packages Fleischmann's Quick–Rise yeast
- 2 tablespoons sugar
- 1 – 1/2 teaspoons salt
- 1 – 1/3 cups very warm milk (120º – 130ºF/50º – 55ºC)
- 1 egg, lightly beaten
- 1/4 cup Mazola RightBlend (canola and extra virgin olive oil blend)

Preparation:

1. Combine oil, herbs, garlic and salt in small bowl and set aside.
2. Dough: Combine flour, undissolved yeast, sugar and salt in bowl. Heat. Add milk to flour mixture and mix on low speed for 1 minute. Stir in egg and oil and continue to mix on low until well blended.
3. Transfer dough to floured surface and knead until smooth and elastic, 6 minutes. Shape dough into ball, and transfer to oiled bowl; turning once to coat. Cover; let rise in warm, draft–free place until doubled in size, about 45 minutes.
4. Punch dough down and spread onto a lightly floured surface. Using hands, pat dough into a 25x30 cm rectangle, approximately 3 cm thick. Divide dough into about 30 pieces using knife; roll into balls. Dip dough balls into oil and herb mixture to lightly coat. Arrange coated dough balls evenly in bottom of greased 25 cm tube pan. Cover; let rise in warm, draft–free place until doubled in size, about 30 minutes.
5. Bake at 350ºF/180ºC for 25 to 30 minutes. Let cool in pan on rack for 10 minutes. Invert to move from pan and serve. **NEWS CANADA**

Time running out?

Despite waning interest for Earth Hour, experts insist it's still relevant

BEN KNIGHT
LIFE@METRONEWS.CA

LUCAS OLENIUK/TORSTAR NEWS SERVICE

▶ Has Earth Hour run its course?

The fourth annual Earth Hour was observed across Canada last Saturday evening. From 8:30 to 9:30 p.m., lights dimmed in hundreds of communities, as Canadians lent their efforts to a global initiative to reduce power use.

But in Canada at least, the savings were fairly negligible. Toronto saved only half the power of a year ago. Other big cities also showed reduced results, and in Edmonton, electricity consumption actually went up. So, was it a success? Is Earth Hour an idea that's worth pursuing?

"Absolutely, it's a useful exercise," says Stacey McCarthy, communications manager for WWF-Canada in Halifax. "We're very happy that the number of participating cities, municipalities and towns in Canada increased to 422 this year. It was 304 a year ago."

McCarthy insists rising participation — as opposed to kilowatt-hours saved — is the better measure of Earth Hour's effectiveness.

"The one hour is a symbolic demonstration more than an effort to save power," she says. "We just want to see awareness increasing, and that's what did happen. Earth Hour is becoming a common household term. It's exciting to see Canadians click in and say 'I need to do something about this.'"

Jennifer Link, spokesperson for Toronto Hydro, agrees.

"Generally, conservation is a year-round activity," she says. "This is an awareness-raising tactic to get people excited about conservation. Why wouldn't you do it? It generates interest, and gets people thinking about conservation for the longer term."

Earth Hour

Dimming the lights:

- **In your city** Manitoba's parliament buildings went dark during Earth Hour, but many Winnipeg office blocks remained lit up as usual. Exact power-usage cuts were not tracked by Manitoba Hydro, and few events were planned.

Queen of Green

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GREEN@METRONEWS.CA

HELP FOR ECO FEMALE HYGIENE

I have three daughters, which has me wondering about the greenest alternatives when it comes to feminine hygiene products. Can you help? ***Sherry of Montreal***

The two main considerations when buying the greenest feminine hygiene products are materials and waste.

The average woman will go through about 11,500 tampons in her lifetime. So the least wasteful option is to switch to a reusable menstrual cup. These are made from natural latex rubber or silicone and can be used for up to a decade. Before you decide that this is a bit out of your comfort zone, consider that a reusable mini cup works for heavy or light flow, doesn't leak, comes in different sizes (ensuring comfort) and only needs to be emptied two to four times a day.

David Suzuki Foundation

Wave bye bye to plastics
Say hello to bioplastics

ELISABETH BRAW
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

A lab in the German town of Ilsfeld-Auenstein may soon resolve a pressing environmental dilemma: our global love affair with plastic.

The biochemists at Tecnaro have developed a plastic-look-alike that's durable, cheap — and made from renewable materials.

"The main component is wood pulp," explains Managing Partner Jürgen Pfitzer. "Ever since papermills started operating, people have known how to make a material similar to plastic using pulp, the byproduct. But until now, plastic was so cheap that no one wanted alternatives."

Lignin, a substance contained in the pulp, is combined with natural fibres and additives. The result is Arboform, a paper-based product that acts like plastic and can be molded into any shape. Furniture, household products and car interiors are already made with Arboform — like the heel of designer Sergio Rossi's new Eco Pump shoes.

"It's also very cheap, since nobody uses lignin," Pfitzer says. "Sixty million tons of lignin is simply incinerated each year."

"Until now, plastic was so cheap that no one wanted alternatives."
JÜRGEN PFITZER (RIGHT)

Like wood, Arboform slowly disintegrates when put in a compost.

Behind Tecnaro, which won last year's European Inventor Award, an army of researchers are experimenting with green alternatives to plastics.

"Alternatives don't have to be biodegradable," notes Professor Markus Antonietti, Director at the Max Planck Institute of Colloids and Interfaces. "Minerals, for example, don't degrade. The important part is that alternatives be bio-compatible and green. So far, they haven't been very green at all, because they consumed a lot of energy. But the development of paper-plastic is advancing really fast. And it's cheaper than pure plastic."

In 10 to 20 years, estimates Antonietti, biofriendly materials will defeat plastics on the market.

Plastic from wood

- **Arboform is made** from renewable resource lignin, which is a natural polymer formed by photosynthesis. Lignin accounts for about 30 per cent of every tree and every wood plant.
- **Every year,** 50 million tones of lignin is produced as a by-product by pulp industry and 95 per cent of it goes as waste now.
- **In waste management,** Arboform products will decompose easily and rapidly in organic manner into eco-safe by-products such as carbon dioxide and water.

SOURCE: TECNARO

If you play harder, you'll work harder

BOOK REVIEW

CRAIG LUND
WORK@METRONEWS.CA

Most would agree, if we were more stimulated and challenged by our work, our contentment and job satisfaction would be in a warm fuzzy place.

Aaron Dignan, author of Game Frame, suggests that the medium of "gaming" is designed to address these issues systemically alluding to the infamous line by Mary Poppins; "You see, in every job that must be done, there is an element of fun. You find the fun, and snap! The job's a game."

Dignan points out the two distinct symptoms of this boredom. A Lack of Volition or "the will to do something: the motivational and internal drive to see it through" and Lack of Faculty which is 'the belief that we have the skills and tools to handle the challenges we're facing."

The typical approach managers take to dealing with these two issues is by providing an incentive or reward... and if that is not successful plan B is to threaten said employee. Neither approach has long term success.

The good news is that we are learning machines and thrive most when we experience that feeling of learning something new in fact our brain even rewards us with a hit of opioids "natures pleasure drug" which is what creates that 'feeling'. Dignan's insights into the power of play and gamification of work provide compelling insight into not just why we need to change our systems from the inside out... but how. This is a book for the frustrated manager and avid gamer.

CRAIG LUND IS THE PRESIDENT ELECT OF THE AMERICAN MARKETING ASSOCIATIONS TORONTO CHAPTER AND CAN BE REACHED AT HELLO@CRAIGLUND.CA

Success of diversity

Providers of diversity training almost uniformly report that fear of litigation is the primary reason companies contact them. But since the mid-2000s, there has been a small but growing shift in thinking among corporate managers: More diversity in the workplace — in experience, race and sexual orientation — makes for a more competitive business.

This movement was expressed in the 2008 book The Difference, by University of Michigan professor Scott E. Page. In it, Page used mathematical analysis to show a relationship between greater diversity and group achievement.

"If you have a homogenous group of people with the same background, it's harder for them to solve a problem," says Nick Witenberg of Optimism Matters, a diversity trainer based in Atlanta. "Racial, generational and cultural diversity brings different schools of thought to the table, so they can come up with an idea more quickly and implement it better." ● METRO

HE'S GONE WITH THE WIND

Gazing out the window might not be a waste of time after all

Turning Point

TERESA KRUZE
LIFE@METRONEWS.CA

A moment of entrepreneurial inspiration can strike anywhere. For Alex Stuart, it was while looking out the window of his condominium at the roofs of the Winnipeg Skyline.

"Look at all that unused real estate," Alex thought to himself, as he came up with an idea to harness its space and energy.

"I started researching wind turbines and came across the vertical axis design. I fell in love the simplicity of the model."

Stuart and his partner Justin Phillips at Global Wind Group are now marketing their technology to India, several countries in the Caribbean and Canada's Northern Territories where electricity is expensive and difficult to maintain.

It also hasn't been plagued with the problems facing the large scale turbines because of its compact, vertical design and minimal noise.

"Some entrepreneurs will sell at this stage, recoup the money and go on. We're really motivated to keep this going and stay in the business."

Are you thinking about starting your own business but are in need of some inspiration?

Follow Alex Stuart's lead. Sometimes all it takes is opening your eyes and looking out the window.

Business advice

Stuart's tips for new entrepreneurs.

1. Do your market research – it's critical
2. Find qualified mentors
3. Seek investment well before you run out of money
4. Be prepared for bankruptcy
5. Keep your eye on your cash flow

▶ Alex Stuart is confident that, when it comes to wind turbines, the vertical axis design works best.

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PARKLAND REGIONAL HEALTH AUTHORITY

No matter how small the job, shine

STUDENT VOICES

ROBERT KANIA
TALENTEGG.CA

It was March of 2005, and I was on the verge of finishing an undergraduate degree in English at Queen's University in Kingston, Ontario.

I was also working full-time in a managerial capacity at a bar and nightclub on campus. I generally don't take on a job or project unless I'm prepared to pour my heart and soul into it.

I was lucky to be aligned with others that operated the same way, in my role as manager of food operations at the Queen's Pub and Alfie's Pub on campus. Our team was able to achieve exceptional results, and we ultimately went on to turn around two struggling campus operations.

▶ Robert Kania is the founder of AllergyTrails.com, the world's leading food allergy review community.

One night in the spring of 2005, after months of hard work, I received an unexpected voice mail message from the food service rep that I dealt with when ordering food and supplies. This individual worked for SYSCO Food Services and he mentioned that his company was interested in hiring a bright, ambitious grad.

If I was interested in working with their company upon graduation, I should apply, and he would provide me with a stellar reference.

That voice mail message ultimately led me to apply for a position in sales and marketing for SYSCO Food Services. I was accepted for the role and I moved from my hometown of Toronto to beautiful Victoria, B.C., where I spent the next five years living, working, and enjoying all that the west coast of Canada has to offer.

If you're a student, the bottom line is this: That summer job you have, or that part-time position you're working in while you're in school, can lead to much bigger and better things. If you do an excellent job with what you've got to work with, people will notice and job offers might just come your way out of the blue.

But the key is, you need to do an outstanding job, even when you think no one is watching. It all starts with the right attitude and you need to recognize opportunities when they come your way.

Where Robert is now

After working with SYSCO for two years on the west coast, I started my own venture distributing natural health products. In 2008, I decided to return to school for an MBA at the University of Victoria.

Upon completion of the MBA in 2010, I founded AllergyTrails.com — the world's leading food allergy review community. I am currently focused on building AllergyTrails.com into a thriving online community of individuals affected by food allergies.

Key take-aways from Robert's school-to-work transition

- Do more than just go to class when you're in college or university – while working or volunteering, you'll develop skills, experience and connections you would never have access to in school.
- Go above and beyond expectations in everything you do, even if you're just working part-time pouring coffee, serving tables or folding clothes to make ends meet. You never know who will notice your hard work.
- Whenever possible, take on leadership positions. You will be recognized for successes under your leadership. Plus, the number one thing top Canadian employers look for on students' resumés is leadership experience.

Robert's resumé

Robert Kania:

Graduate: Bachelor of Arts, English, Queen's University

Graduate: Masters of Business Administration, University of Victoria

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Canadians start off at top of heap

Winnipeg rink's three games over the weekend drew near-capacity crowds at Regina's Brandt Centre

Canada's Jeff Stoughton picked up his third straight win to open the Ford Men's World Curling Championship yesterday despite German skip Andy Kapp's one-man show.

Stoughton's Winnipeg team shot 90 per cent to Germany's 71 in a 7-4 victory, but Kapp compensated for his teammates' mistakes with some pressure shots to keep the game close.

"We have to give credit to Andy Kapp because that could have been a blowout for sure," said Stoughton third Jon Mead.

Canada scored two points in the third and seventh ends with last-rock advantage and stole one in the tenth, while Germany couldn't muster a multi-point end when they had the hammer.

Kapp drew for a piece of the button surrounded by three Canadian stones in the fourth end to tie the game 2-2. The German skip faced four Canadian counters in the sixth and again drew in for one to make it 3-3.

"It's good to know we've got the game to hold off a hot skip and make some great shots ourselves," Stoughton said.

"Andy Kapp was a one-man wrecking crew. At times it felt like seven against one out there."
STOUGHTON THIRD JON MEAD ON GERMANY'S SKIP

Stoughton's front end of second Reid Carruthers and lead Steve Gould dominated German counterparts Andreas Lang and Holger Hoehne with shooting percentages about 20 per cent higher.

"I had to make some circus shots to keep us alive, but it was not enough to win this game," Kapp said. "We needed to make more shots to put pressure on them, but we were under pressure the whole game."

Kapp is appearing in his 13th world championship and has the most career wins at 66. He has yet to collect one in Regina as his team dropped to 0-2.

Canada got a breather yesterday with just one game before splitting today's games between the morning and evening draws. Stoughton takes on Dong Keun Lee of South Korea (0-3) followed by Pete Fenson of the U.S. (1-1) at night. **THE CANADIAN PRESS**

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Canadian skip Jeff Stoughton watches his shot against Germany at the Men's World Curling Championship in Regina yesterday.

Devils miss playoffs for first time in 13 seasons

For the first time since 1996 the New Jersey Devils are not going to the playoffs.

The Devils' post-season streak ended Saturday night when they lost 3-1 to the Montreal Canadiens. For the past week, the end of the Devils' run was just a matter of time. A 1-4-1 slide had made the outcome inevitable, along with a miserable start that left New Jersey 27 points out of a playoff spot in early January. A frantic 23-3-2 burst drew the Devils within six points of a playoff spot a couple of weeks ago. **THE ASSOCIATED PRESS**

13 The Devils' streak was the league's second longest. Detroit recently extended its post-season streak to 20 straight seasons.

Sports in brief

Small schools deliver ratings

NCAA. The Final Four pairing of Virginia Commonwealth and Butler didn't hurt TV ratings.

Saturday night's 8.9 rating and 17 share on CBS tied for the highest since 2005. The championship game is tonight at 8 p.m. **THE ASSOCIATED PRESS**

Shaq's return short-lived

NBA. Shaquille O'Neal lasted a little more than five minutes in his return for the Boston Celtics yesterday before limping off the floor. He went back in for the second half, but went to locker room in the first minute. **THE ASSOCIATED PRESS**

4 sports

Quoted

"We played a very good series, the effort was outstanding all the way to the final pitch."
BLUE JAYS MANAGER JOHN FARRELL AFTER A 4-3 LOSS TO THE MINNESOTA TWINS IN TORONTO YESTERDAY. THE JAYS (2-1) OPENED THE SEASON FRIDAY WITH A 13-3 ROUT IN FRONT OF A SELLOUT CROWD BEFORE DOWNING MINNESOTA 6-1 SATURDAY. THERE WAS SOME RARE ELECTRICITY AT THE NORMALLY STAID ROGERS CENTRE, WITH 35,505 FANS TAKING IN THE FINALE.

"We had a lot of fun in here this weekend.... We gave ourselves multiple opportunities and we just came up short here in the ninth."

Yale hockey player and Saskatchewan native dies of leukemia at 23

Saskatchewan hockey player Mandi Schwartz has lost her valiant battle with leukemia.

Thousands of people rallied to her side to help her in that battle, but the 23-year-old from Wilcox, Sask., died yesterday after two years of fighting the disease, according to her high school, Notre Dame College.

She went into a Regina hospital on Saturday night and died yesterday morning, said Notre Dame College president Rob Palmarin.

"We're all a bit taken aback and saddened because she's one of ours," Palmarin told The Canadian Press.

"Mandi's struggle with leukemia was particularly close to everyone's heart here. For the last couple of years, we've been praying for her at assemblies and held a couple of fundraisers to help with her family's costs when they travelled to the States for treatment."

Schwartz played forward for the Yale Bulldogs and also attended Canadian women's team camps. Before heading to Yale, she played girls' hockey for the Notre Dame Hounds in Wilcox and graduated in 2006.

"As she was battling this cancer, the big miracle was how she really rubbed off on other people, that here's this girl with such strong hope and belief."
NOTRE DAME COLLEGE PRESIDENT ROB PALMARIN

Schwartz's brothers Jaden and Rylan play hockey for Colorado College in the NCAA and are also Notre Dame alumni.

The Schwartz family fought hard for her survival. Her father, Rick, and mother, Carol, took leave from their jobs with the Saskatchewan Safety Council and Saskatchewan Justice, respectively, to shepherd their daughter through treatment.

She was engaged to engineering student Kaylem Prefontaine of Rockglen, Sask., and they had planned a wedding for the summer of 2012.

She was first diagnosed with acute myeloid leukemia in 2008 during her junior year at Yale. AML is an aggressive cancer of the blood and bone marrow.

THE CANADIAN PRESS

THE CANADIAN PRESS/HANDOUT

▶ Mandi Schwartz died yesterday.

Metro Interview

KATIE TURNER/FOR METRO

▶ Morris Lukowich at his Calgary home.

Left-winger joined team before their pre-NHL days
He tells Metro's Jessica Smith he'd like to see the team return

MORRIS LUKOWICH
JETS LEGEND LOOKS FOR TEAM'S REBIRTH

JESSICA SMITH
METRO

Morris Lukowich was on the Winnipeg Jets when they were a World Hockey Association team, and stayed on when the team made the switch to the NHL in 1976. He was a top-scoring left-winger and team in captain in 1981-82. Now, he coaches in Calgary.

Hockey fans are very excited about the possibility of an NHL team returning to Winnipeg. Do you think they have good reason to be excited?
Yes! Personally, I do. Winnipeg is such a good hockey city, whether it's with the (WHL's Manitoba) Moose or the Jets. Fans are tremendous there, and the reason that I see it being a real possibility is that some of the teams in the states are struggling with attendance. It seems like Winnipeg would be a much better situation.

When it does happen, do you think the team will be called the Winnipeg Jets?
Yeah. I'd love for them to be the Jets. I was thinking a cute logo would be instead of being an 'S' at the end of Jets, reverse it and make it a 2, so it's the Jets coming a second time.

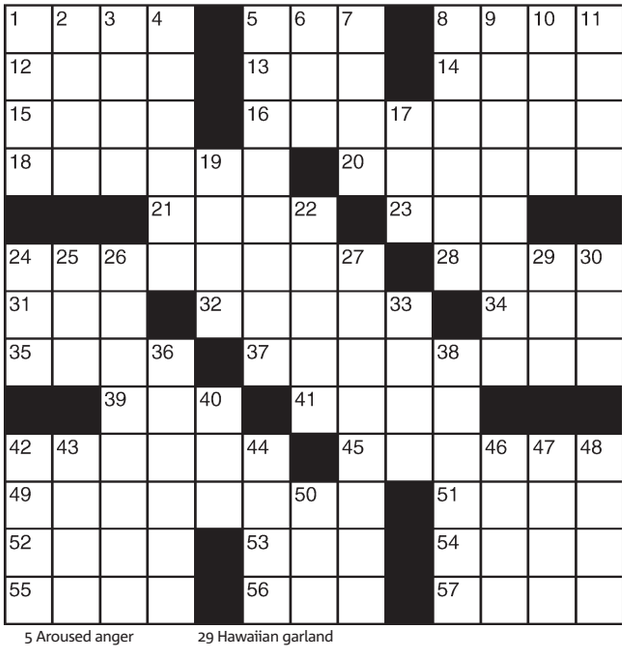
You were on the team when the Jets first became an NHL team. What was that experience like?
It was quite amazing and exciting. The NHL had never been to Winnipeg, but it was a proud World Hockey Association franchise, a successful franchise.

Hamilton, Quebec City, Winnipeg, which city deserves at team most?
They all deserve it.

I see people all over the place wearing their throwback Winnipeg Jets merchandise.
I go to sleep at night, I wear my Jets jersey. I'm kidding, of course. But it's great to see the excitement and the possibility.

Is there anything else you'd like to add?
I'd really like to wish Metro all the very best in their expansion into Winnipeg.

Crossword



Across

1 Opposed to
5 Central
8 Bedouin
12 Iowa crop
13 Alias abbr.
14 Erte's art style
15 Grand story
16 Wicker-encased bottle
18 Insist on
20 Served tea
21 Appear to be
23 Spoon-bender Geller
24 Outward manner
28 Slithery fish
31 Eggs
32 Male voice
34 Born
35 Instrument of Marxism?
37 Insanity
39 Youngster
41 Harvard rival
42 Upper part of the foot
45 Maidens of Greek myth
49 Blue-stater
51 Hen pen
52 Slender
53 Japanese sash
54 Earthenware pot
55 Sea flock
56 Govt. media monitor
57 Agrees silently

Down

1 Scored 100 on
2 "Unh-unh"
3 Decorate, perhaps
4 If
5 Aroused anger
6 Eisenhower
7 Moist
8 Urge earnestly
9 Get one's bearings back
10 Rue the run
11 007
17 Debtor's letters
19 All spruced up
22 Cash
24 Homer's interjection
25 A Gabor sister
26 Skilled shooter
27 Amoristic
29 Hawaiian garland
30 Caribbean or Caspian
33 Depend (on)
36 Mountaineer's spikes
38 Without dissent
40 Calendar abbr.
42 Not busy
43 — -do-well
44 Lecture hall VIP
46 Equestrians' game
47 Maintain
48 Resorts
50 "Wipeout" network

▶ Weekend's answer

T	O	M		K	I	L	N		H	E	R	A
I	M	A		O	R	E	O		O	R	A	L
P	O	R	T	R	A	I	T		N	A	P	E
S	O	V	I	E	T		E	C	O			
			M	A	E		P	O	R	T	A	L
S	E	V	E	N		K	A	Y		I	R	A
O	R	E	S		O	E	D		K	E	E	N
A	G	E		F	L	Y		N	U	R	S	E
P	O	R	T	L	Y		B	E	D			
			H	U	M		E	C	Z	E	M	A
H	O	U	R		P	O	R	T	U	G	A	L
O	R	S	O		I	D	E	A		A	Y	E
D	R	A	W		A	D	A	R		D	O	E

Sudoku

2		1				4		9
	5	9	7		4	3	1	
8								7
			3		9			
	8			4			3	
			8		6			
4								2
	3	2	6		8	5	4	
1		5				8		3

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Weekend's answer ▶

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

I Love you too Courtney D. Over two and a half years and still going strong. But always remember Courtney feet used to be Courtney sweet. But guess what? ... They still are. <3

Dear Debra, Thank you for keeping us sheltered and being so good to us. You are the honey to our hive. Love, **THE HIVE**

Tom, That was the last weekend we had apart. Fom now on the time is ours. Can't wait to cuddle up and sleep in whenever we want. Love you forever and completely, **RUTH**

To my Princess. You get more and more beautiful every time I see you. Thank you for this wonderful, amazing second time around. We've got it right this time, don't we? I love you, baby.
JJ

A look at the weather

TODAY	TUESDAY	WEDNESDAY
Min -8° Max 0°	Min -1° Max 4°	Min -9° Max -2°

Jenna Khan, Weather Specialist
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning."
WEEKDAYS 6AM

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 What good is life if you can't treat yourself to a few harmless dreams.

♉ Taurus April 21-May 21 The planets urge you to get over whatever it is that has made you a bit depressed.

♊ Gemini May 22-June 21 If someone makes you an interesting offer don't just assume there must be a catch.

♋ Cancer June 22-July 22 You won't get people to follow you simply by barking orders at them.

♌ Leo July 23-Aug.23 What happens over the next 24 hours will prove you were right..

♍ Virgo Aug. 24- Sept. 22 Make every hour, every minute and every moment count.

♎ Libra Sept. 23-Oct. 23 Life is as good as you want it to be, so want it to be perfect in every way — and it will be.

♏ Scorpio Oct. 24-Nov. 22 Get busy on that artistic project you have been thinking about.

♐ Sagittarius Nov. 23-Dec. 21 Not everyone is against you and even those who are act mainly out of fear. trust more.

♑ Capricorn Dec. 22-Jan. 20 If you don't push yourself a bit today you'll feel as if you have let yourself down. Get busy.

♒ Aquarius Jan. 21-Feb. 18 You've always been adventurous, but now there's a purpose to your travels.

♓ Pisces Feb. 19-March 20 . What is your highest ideal? Can you live up to that vision of yourself? Yes you can.

SALLY BROMPTON

DMITRY LOVESTKY/ THE ASSOCIATED PRESS

Caption contest

JOHN WAGNER/THE ASSOCIATED PRESS

WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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Available on the App Store

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MTS has launched a faster wireless network.

It's here. The new 4G Wireless Network has now been launched across Manitoba, and we couldn't be more excited. The new network covers 97% of Manitobans and delivers data speeds of up to 21Mbps. With speeds like this, you'll be browsing your favourite sites faster than before. Plus, with the expanded coverage the new network provides, you'll be able to roam in more than 200 countries worldwide.

With the 4G Wireless Network comes an array of new and exciting handset options. With excellent features like touch screens, full QWERTY keyboards, and instant messaging, we'll be able to help you find which wireless device is best for you.

MTS will continue to operate the CDMA network as an excellent option for your wireless needs. With two fantastic wireless networks, and bundles no one else can match, MTS has become an even better wireless solution.

Visit your nearest MTS Dealer for details on the new network, our offers and the full array of new wireless devices. Or visit mts.ca/4g

Motorola Spice | BlackBerry® Curve™ 9300 | BlackBerry® Torch™ 9800 | Nokia C6-00 | BlackBerry® Bold™ 9780

MTS®

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